



15th Annual Ride for the Reserve Fall Bike Tour "Ride Like the Reserve Depends on It"

September 25, 2022



Linden Farm

There is a Ride for Everyone!

Your choice of routes from 6-62 Miles on the Ag Reserve's Rustic Roads

mocoalliance.org/ridereserve

New this year...

Pop-Up Farmers and Artisan Market at Ride's End

- Local Produce, Crafts, Baked Goods
- Face Painting, Music
- Fall Indoor and Outdoor Plants

~Open to Riders and the Public ~













## The Picnic

Two ways to join your riders at the picnic:

- Just picnic tickets
- Volunteer
  - -Yes we have SSL Hours!



## The Pop-Up Market

- Opens at Noon
- Free and open to the public
- OBBQ and Ice Cream Truck
- Clocal Produce/Art/Plants /Face Painting/ Vintage
- Get your pumpkin!



#### Thank You!

- O Your support of MCA and the Ag Reserve Matters!
- Share your ride photos with #RideForTheReserve
- OBe Safe! Have Fun!
- OQuestions? Kristina@mocoalliance.org



### Ride for the Reserve 2022

#### RIDE REVEAL

Vivien Bonazzi
(Reserve Resident/Cyclist/ Ride Leader)







## Ride for the Reserve 2022 - Ride Reveal

Ride curated paved Routes through the reserve

**ALL rides START and END at Linden Farms** 

#### Ride leader & sweep supported

- 6 mile Family Ride
- 17.7 mile
- 26.2 mile

#### **Self Guided**

- 34 miles
- 46.5 miles
- 62.6 miles



## Bike Safety First!

#### Ride a mechanically sound bike

- Brakes, tires, gears, chain in good working order!
- Ability to carry a least 1 water bottle if not 2

#### Suitable Bike types

- Road bikes are the most suitable
- Hybrid bikes with street tires
- Recumbents
- ebikes: suitable but be aware that guided rides wont be riding very fast
- MTB/fat tire bikes are not recommended (unless you want a very rigorous workout)

#### Ride with a helmet

 That meets or exceeds one of the three standards for helmets: SNELL, ANSI, ASTM

• Pick a ride that is suitable to your current fitness/biking abilities



# BILLEDEGOR

Bike mechanic available from start of event

SAG will also be available



#### Riding the Reserves Roads

The Agricultural reserve has active farms!

#### The rides are mostly on quite rural farm roads

- Roads are all paved but are NOT always smooth
- Watch for gravel outflow from home/farm driveways and fields and bridges
- There are some narrow single lane bridges
- There IS some traffic from farms and visitors to orchards
- The reserve is rolling terrain, that means not flat...

#### **Ride Etiquette**

- Ride on the right hand of the road/lane (not in the middle or meandering)
- Observe all traffic rules
- Be respectful of property, people and animals at rest stops



## Ride Leader/Sweep Supported Rides

#### Rides for less experienced cyclists or junior riders

- 6 mile Family ride (Children 7yrs+ and adult family member/s)
- 17.7 and 26.2 mile Adult rides

#### Ride leaders & Sweeps – Help guide the ride

- Ride leader will lead the ride
- Ride sweep will be at the back of the ride
- Recognizable by their bright red bike shirts!







## Self Guided Rides

34, 46.5 & 62.6 Miles

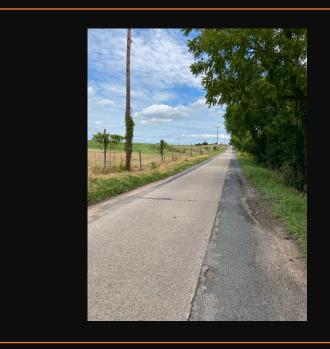
No ride lead or sweep

There are some high road traffic intersections

• these are all marked on cue sheets and discussed in this ride reveal

2 rest stops (equally spaced)





#### **Cue Sheets**

Cue sheets (doc) will be available to download for ride registrants

(limited) Printed Cue sheets will be available on the day of the event

GPX files for bike computer head units will be available to download for ride registrants

#### Ride with GPS

- The app is free down load from Apple or Android App store
- Load the app on your phone (prior to the event)
- Ride Links will be provided
  - To registered riders
  - Scannable via QR codes on day of event







## Rest Stops

Water, Local Fruit, Snacks, Bathrooms

#### **Locals Farm Market**

• Located in downtown Poolesville, MD

• ALL rides except the 6 mile family ride will stop at Locals

#### Old Bucklodge Lane, Stonefield Farm

• A working horse farm

 Hosted by Anne Davies a long time resident of the reserve and Montgomery County Alliance board member

• 34, 46.5 and 62 mile rides

 Rest stops are run by local resident/s of the reserve and are active businesses and farms

- Please respect all property, animals and people
- All rest stops are outdoors







# Ride for the Reserve Timing



Start 8am - 10 am to allow your own pace

 please don't leave before 8 am – our stops will not be ready for you!

#### Ride Leader & Sweep rides

• 9:30am 26.2mile

• 10:00am 17.7mile

• 10:30am 6 mile

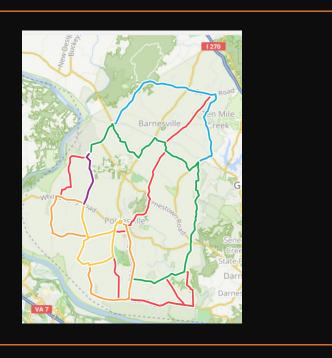
• Picnic starts at 11 – goes till 3pm



## Ride Reveal : The ride Routes in detail!

#### A walk thru each of the 2022 routes

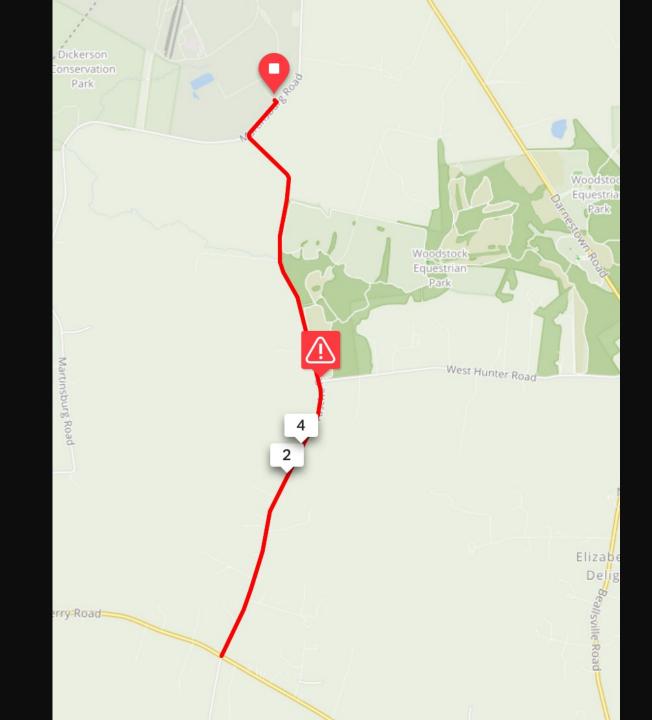
- General overview
- Areas of caution:
  - High traffic intersections, single lane bridges, concrete slab/rough roads, high traffic areas etc
- Hills © (for the shorter rides)
- Rest stops
- All routes have been pre checked ridden/driven in the last 2 weeks





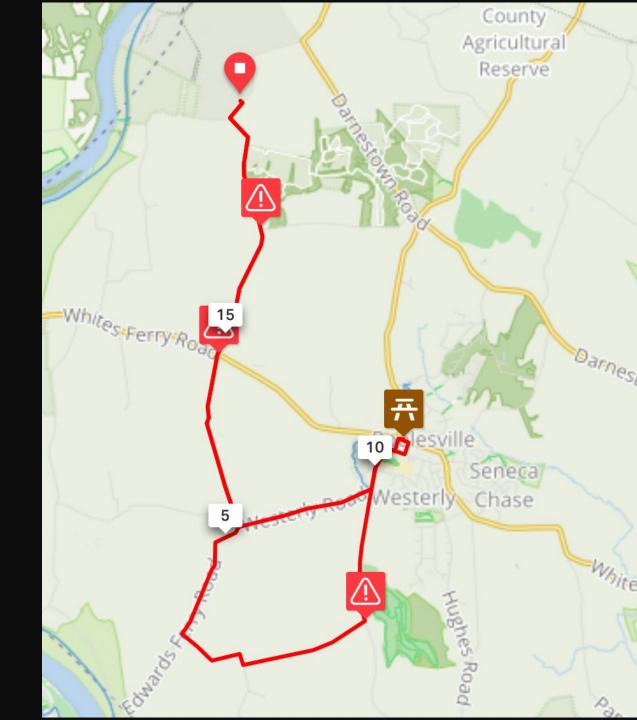
## 6 Mile Ride – Family Ride

- Children 7yrs and older + Family member/s
- Ride leader/sweep supported



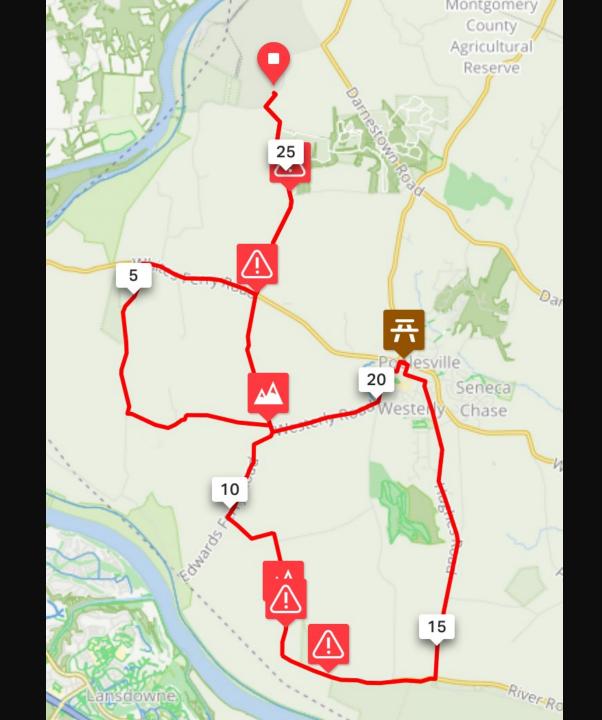
## 17.7 Mile Ride

- Adult only ride
- Ride leader/sweep supported
- Meant for average fitness person
- Some gentle hills but not many!
- Rest stop at Locals: 10.7 miles



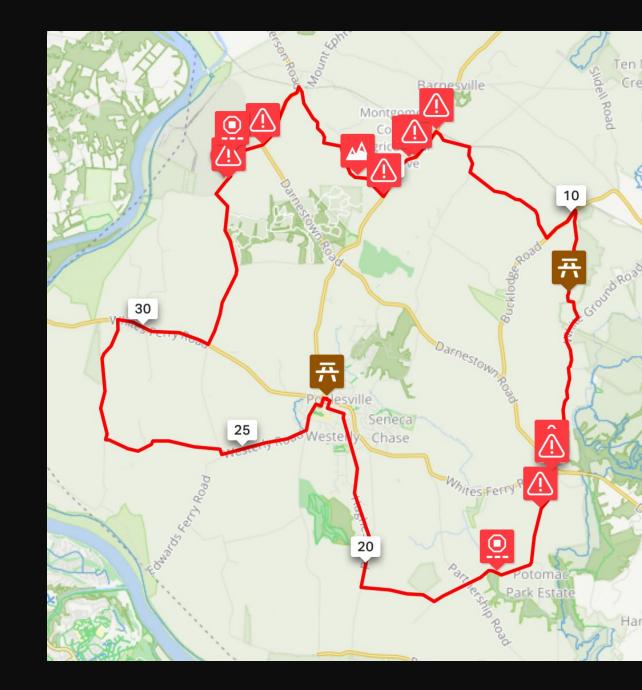
## 26.2 Mile Ride

- Adult ride
- Ride leader/sweep supported
- Meant for reasonable fitness person
- Some hills but not many!
- Rest stop at Locals: 19.2 miles



## 34 Mile Ride

- Self Guided ride
- Meant for fit cyclists
- Many rolling hills
- Riding *some* high traffic roads
- Rest stops
  - Old Bucklodge: mile 11.6
  - Locals: mile 23.1



## 46.5 Mile Ride

- Self Guided ride
- Meant for fit cyclists
- Many rolling hills
- Riding *some* high traffic roads
- Rest stops
  - Old Bucklodge Ln. mile 15.2
  - Locals Pooelsville. mile 26.6



## 62.6 Mile Ride

- Self Guided ride
- Meant for *very* fit cyclists
- Many rolling hills
- Riding *some* high traffic roads
- Rest stops
  - Old Bucklodge Ln. mile 15.2
  - Locals Pooelsville. mile 26.6

